

# Lenny's Sleepover Checklist

## What to Bring

- ✓ Glucose tablets or other form of sugar to treat hypoglycemia
- ✓ Insulin and insulin pump or syringes
- ✓ Infusion sets for insulin pump
- ✓ Snacks
- ✓ Ketone strips
- ✓ Doctor's contact number
- ✓ Glucagon™ emergency kit
- ✓ Emergency contact number
- ✓ Blood glucose meter, supplies & batteries
- ✓ Medical information (diabetes bracelet or ID card)



## Other Tips

- ✓ Talk to the host parents about diabetes, what to do in an emergency, and how to recognize symptoms
- ✓ Have Fun!